



PROFESSIONAL BACKGROUND OF ANNE-LAURENCE FRITSCH

SENIOR CERTIFIED HYPNOTHERAPIST

EXPERT IN STRESS AND ANXIETY MANAGEMENT

French-born Anne-Laurence Fritsch lived in Australia for nearly 20 years. She did her main university studies there, namely in Educational Studies and Psychology and worked in Sydney as a Teacher Trainer and Teacher for Adults for 10 years.

In 1998 she founded ICA International Communication Assistance LTD in Reunion, providing services to local and regional companies in Translation, Conference Interpreting, Business English and Coaching Techniques.

Throughout the years she has kept expanding her knowledge and skills in therapeutic techniques through professional courses namely in NLP (Neuro-Linguistic-Programming), Ericksonian Hypnosis and Kinesiology.

Beside the professional courses she provides through ICA to Health Professionals and Practitioners of Alternative Medicine, she provides daily individual sessions in Life coaching and Holistic Therapy in her Hypnotherapy Practice in Reunion and on line.

Diplomas and Professional Qualifications

- **University Diplomas:**

Bachelor of Arts Degree, Double Major :
Anthropology/Linguistics and Foreign Languages. University of Western Australia, 1981 (4 years' studies)

Diploma in Education : French, Italian, ESL. Special Methods of Teaching. Child and Adult Psychology. University of Sydney, Australia, 1984

Diploma in Translation and Conference Interpreting.
University of Paris 8 - Vincennes, France, 1983

- **Professional Certifications and Titles:**

NLP Master Practitioner. Title validated by INLPTA (International NLP Trainers' Association).

Ericksonian Hypnosis Practitioner, i.d.com international, Canada.

Humanist Hypnosis Practitioner. IFHE, Paris (Institut Français d'Hypnose Ericksonienne)

Professional Kinesiologist validated by SNK (French National Syndicate of Kinesiologists)

Counselling Hypnotherapist certified by IACH (International Association of Counseling Hypnotherapists), Canada, British Columbia

Certified Hypnotherapist by AFNH (French Association of Modern Hypnosis)

GQHP : General Qualification in Hypnotherapy Practice. Validated by the General Hypnotherapy Standards Council [GHSC](#) in Great Britain.

SQHP : Senior Qualification in Hypnotherapy Practice. Registered in the General Hypnotherapy Register ([GHR](#)) of Great Britain.

Diploma in Past Life Therapy (Past Life Therapy Association, UK) [PLTA](#)

Operator in Flash Hypnosis, certified by the European Institute of Integrative Hypnosis



<http://www.general-hypnotherapy-register.com>

As an active member of the following Professional Federations, Anne-Laurence abides by their respective Code of Ethics.

[AFNH](#) : Association Française de Nouvelle Hypnose (Paris, France)

[IACH Canada](#) : International Association of Counselling Hypnotherapists, Canada, British Columbia

[Fédération NLPNL](#), France

[GHR](#) : General Hypnotherapy Register, Great Britain

Past Life Therapists Association [PLTA](#) ( [Code d éthique plta](#) (569.92 Ko)

French Professional Insurance (accepted worldwide)

RC Professionnelle Beazly N°B1302473PNPI/314

Legal Protection Amavie N°02RB2011001/113

LINKS

WEBSITE:

<https://www.hypnoreunion.com>

LINKEDIN:

<https://www.linkedin.com/in/annelaurencefritsch/>

FACEBOOK:

<https://www.facebook.com/IcaLEnergieCreatrice/>

YOUTUBE CHANNEL:

<https://www.youtube.com/channel/UC7oXu4zilhASMhXXBsHC68g>

INSTAGRAM

<https://www.instagram.com/annelo.hypnose>